

Calling all Turkey Trotters for our 5th Annual Bradford Park 5k Family Fun Run!

Saturday, November 19th, 9:00 am



2011 Turkey Trot Registration Packet

Registration Form, Race Instructions & Course Map

Registration Form and Payment due:

TO: Carol Grochmal at 4736 Snow Drive

BY: Wednesday, Nov. 8th. See registration form for late registration dates/fees.

PAYMENT: cash or check payable to "Bradford Park Turkey Trot".

This year our fundraising will benefit **Cooperative Christian Ministry (CCM)**. CCM is an organization that provides emergency assistance for people in our community who need food, medicine, shelter, and heat. Please learn more about them by visiting www.cooperativeministry.com.

100% of the proceeds from our Turkey Trot will be donated to **CCM**.

What a wonderful way to give back to our community!

We also ask that you bring

nonperishable food items on race day or at packet pick up to donate to CCM.

Your support and participation is greatly appreciated!

For any questions or additional registration forms, contact
Kitsie Goers at 704-773-1950 or email mkgoers@gmail.com.

The Bradford Park Turkey Trot

When: Saturday, November 19th, 9:00 am

Where: Bradford Park Community (Corner of Moody and Revere)

Who: Bradford Park Families and Friends (runners, walkers, baby joggers and children welcome!)

Event Fees: Checks Payable to Bradford Park Turkey Trot

By Nov. 8th: \$18 for 5k
\$5 for Tot Trot
\$45 for a Family of 4 or more

After Nov. 8th through race day: \$25 for 5k
\$5 for Tot Trot
\$55 for a Family of 4 or more

Start Times:

9:00am 5K Run/Walk
10:00am Tot Trot
10:30am Awards Ceremony

****All Participants are asked to bring non-perishable food items at packet pickup as part of the registration. CCM will provide a truck to transport all donations.**

*******T-SHIRTS: All 5k participants who register by Nov. 8th will receive an event LONG SLEEVE T-shirt.*******

PRIZES: Overall adult male, adult female and master (55+) winner will receive a 1st place prize turkey for Thanksgiving! Awards will also be given to the first place teen boy and girl and youth boy and girl. Oldest/newest community members, largest number of family members participating, and oldest and youngest participants will receive homemade apple pie. Tot Trot participants will receive a T-shirt and balloon.

Registration/Volunteer Form:

<u>Name</u>	<u>Age Group - Circle One</u>	<u>Shirt Size -Circle One</u>
1 _____	Master 55+, Adult 18+, Teen 13-18 ,Youth 8-12, Tot under 8	- YS,YM,YL Adult :S,M,L,XL,XXL
2 _____	Master 55+, Adult 18+, Teen 13-18 ,Youth 8-12, Tot under 8	- YS,YM,YL Adult :S,M,L,XL,XXL
3 _____	Master 55+, Adult 18+, Teen 13-18 ,Youth 8-12, Tot under 8	- YS,YM, YL Adult :S,M,L,XL,XXL
4 _____	Master 55+, Adult 18+, Teen 13-18 ,Youth 8-12, Tot under 8	- YS,YM,YL Adult :S,M,L,XL,XXL

Address: _____ **Phone:** _____

Email (You will receive regular updates and training tips) : _____

I would like to be a Volunteer on race day (many are needed!): Yes / No

In lieu of participation, I would like to donate \$ _____ to Cooperative Christian Ministry.

Tax ID: 56-1320818

Emergency Contact: _____

Event Waiver:

I do hereby agree to hold harmless all Bradford Park (BP) residents, volunteers, race directors and participants should any unforeseen harm befall me as I participate in the above event(s). I understand that some of the proceeds from my registration fee will go to Cooperative Christian Ministry, and I will receive no tangible incentive or reward from said charity. I agree that should I require medical attention during or after the above event(s), I will not seek reimbursement from residents, volunteers, participants or race directors.

Signed: _____ **Date:** _____ **Signed:** _____ **Date:** _____

Signed: _____ **Date:** _____ **Signed:** _____ **Date:** _____

Guardian Signature if under 18: _____ **Date** _____

We would like to thank the Cabarrus County Sheriffs Department and The Harrisburg Fire Department for their support with this event.

***Many companies/corporations/foundations offer matching gift programs, whereby they will match your charitable gifts. You can inquire with your human resources office to find out if your company has a matching gift program. If so, simply fill out the form provided by your company and include it with your donation to the Cooperative Christian Ministry www.cooperativeministry.com**

Turkey Trot Race Instructions

Packet Pick Up: Please pick up your packet from Carol Grochmal (at 4736 Snow Drive) the day before the race – more details to come via email.

Babysitting: We will provide babysitters on race day to watch the young-ones during the 5k.

Turkey Trot Start: The start will be at the corner of Moody and Revere. A whistle will signal the start. The finish will be down Revere to the pool area.

Timing: This is a self-timed event so don't forget your wrist watch! We will have an official race clock and timers to record the first male and female finishers. The race clock will run until the last participant crosses the finish line. We will call out times as runners cross and you can check it against your wrist watch.

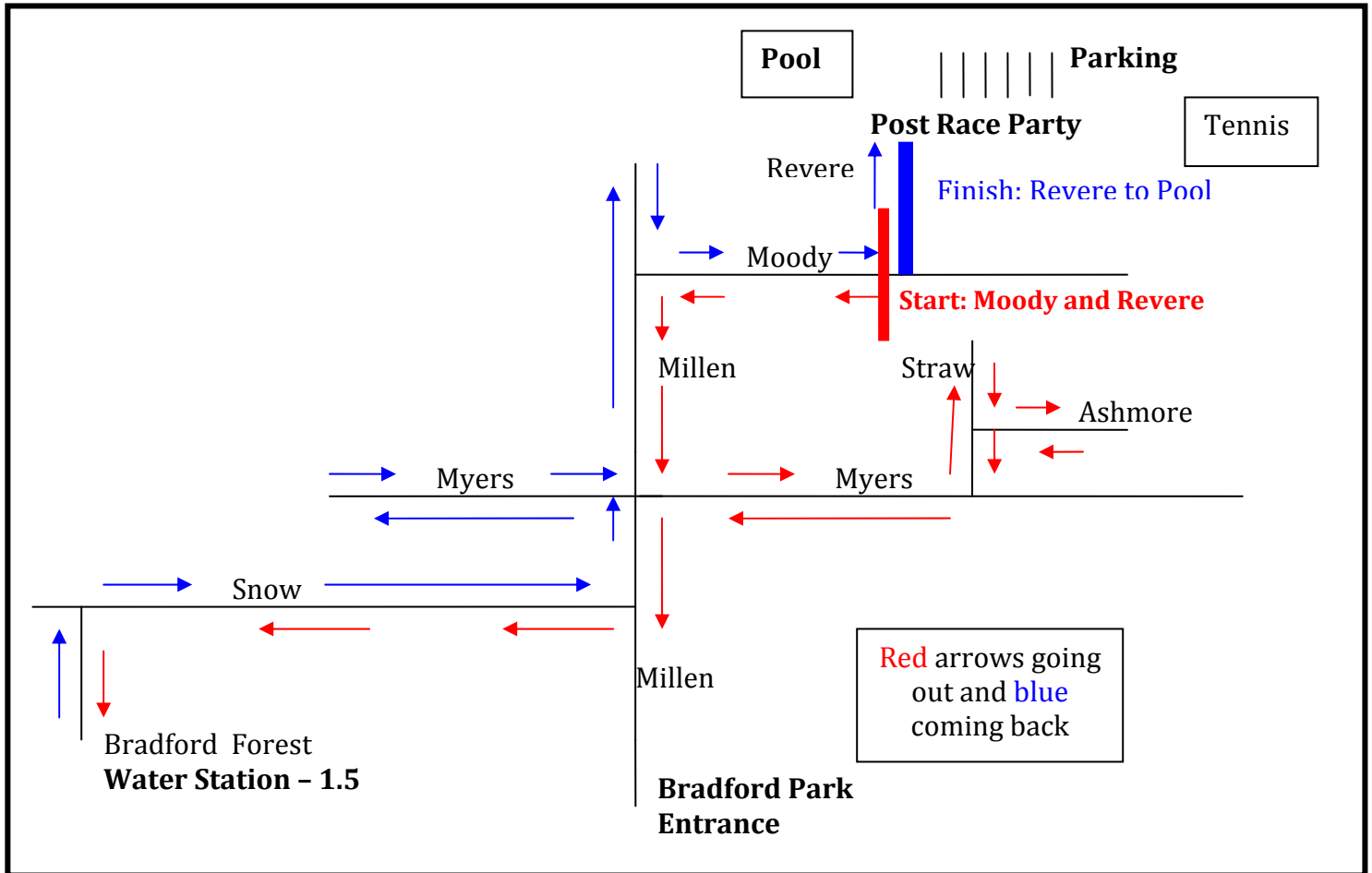
5k Course Instructions: *See the attached course map. Follow the orange cones and/or orange chalk. From Moody, turn Left onto Millen Drive. Left onto Myers Lane, Left onto Straw Court, Left on to Ashmore, Left onto Straw, Right onto Myers Lane, Left onto Millen Drive, Right onto Snow, U-turn at Bradford Forest, Left onto Millen Drive, Left onto Myers Lane, Left onto Millen Drive, U-Turn at the end of Millen Drive, Left onto Moody, Left onto Revere and down the hill to the finish.

Safety Issues: Please run/walk facing traffic (always stay to the left). Although we will do our best to limit traffic on race day, please run/walk on the left side of the road to avoid any traffic related issues. We will have cones and/or chalk to mark the route as clearly as possible. Volunteers will also be on hand.

Parking: Bradford Park neighbors, please walk to the start if possible, otherwise park in the pool parking area and arrive no later than 8:30 am to avoid traffic issues at the race start. Parking attendants will be on hand to direct you to available overflow parking available on side streets. This may require a short walk, so plan accordingly. There will be no cars allowed to park along the course.

What to Bring: Friends!!!! Also, don't forget nonperishable food items at packet pick up for CCM!

5k Turkey Trot Course Map:



A big thank you goes out to Cedar Management who has kindly donated the printing and paper for all our Turkey Trot forms for neighborhood distribution! Because of having no printing cost this year, we are able to increase our charity donation! ☺

www.cedarmanagementgroup.com